Infection Prevention
Summary of Elements

HAND HYGIENE

Hand Hygiene is performed:
- before and after patient care
- whenever hands are visibly soiled
- after contact with body fluids, mucous membranes, non-intact skin and wound dressings
- if moving from a contaminated body site to a clean body site
- after contact with inanimate objects in the immediate vicinity of the patient
- before eating or using the restroom
- after removing gloves or other personal protective equipment

Hand Hygiene Technique:
- turn on faucet
- wet hands
- apply soap to hands
- rub hands together for approximately 15 seconds
- wash all surfaces of the hands and fingers
- rinse hands thoroughly from wrist to fingertips, keep fingertips down
- dry hands on paper towel
- discard towel
- use clean paper towel to turn off faucet

Alcohol Hand Sanitizer:
- use alcohol hand sanitizer if hands are not visibly soiled
- use adequate amount of product to thoroughly cover all surfaces of the hands
- allow to dry before donning gloves
- no need to rinse

PERSONAL PROTECTIVE EQUIPMENT

Gloves:
- gloves are worn when there is potential for contact with blood or bodily fluids, mucous membranes, non-intact skin or potentially colonized skin
- gloves are changed between patients or when moving from contaminated to clean body sites
- gloves are discarded appropriately after use
- gloves are removed and hand hygiene performed before leaving the patient care area

Gowns:
- gowns are used when there is a potential for splashing or spraying of body fluids or for soiling of clothing
- gowns are worn when there is direct contact with patients who have uncontained secretions or excretions
- gowns are removed and hand hygiene performed before leaving the patient care area

Mask and Eye Protection:
- masks, goggles and/or face shields are used during procedures likely to generate splashes or sprays of blood, body fluids, secretions and excretions.
- masks, goggles and face shields are removed and hand hygiene performed before leaving the patient care area.
### RESPIRATORY ETIQUETTE/COUGH ETIQUETTE

**Control Measures:**
- tissues and receptacles are provided to contain and dispose of secretions
- persons with suspected respiratory infection are encouraged to maintain spatial separation of at least 3 feet
- masks may be provided to persons with suspected respiratory infection to contain droplet spread

### PATIENT PLACEMENT

Patients who pose a risk for transmission of infectious agents are placed in a single room or when no single room is available, patients with like infections are cohorted (placed in the same room)

Patient placement is determined based on route of transmission, risk factors for transmission and risk factors for adverse outcomes

### PATIENT CARE EQUIPMENT

Appropriate personal protective equipment that may have been in contact with or is visibly soiled with blood or body fluids

Equipment is to be disinfected, using the germicidal wipes, whenever in contact with or is visibly soiled with blood or body fluids

### BLOODBORNE PATHOGEN EXPOSURE FOLLOW UP

If you should sustain a needlestick injury or splash to mucous membrane:
- gently wash the wound
- contact your supervisor
- immediately go to the Nursing Office for follow-up care

### TRANSMISSION BASED PRECAUTIONS

Transmission based precautions are used for patients with documented or suspected infection, or colonization with highly transmissible or epidemiologically important pathogens.

Refer to the Infection Prevention Manual for more information.

#### Donning PPE

**Gown:**
- fully cover torso from neck to knees, arms to end of wrists and wrap around back
- fasten back at neck and waist

**Mask/Eye Protection:**
- secure ties or elastic band at middle of head and neck
- fit snugly to bridge of nose and adjust to fit

**Gloves:**
- extend to cover wrist of gown

**Safe Work Practices**
- keeps hands from face
- limit surfaces touched
- change PPE when torn or heavily contaminated

#### Removing PPE

**Gloves:**
- grasp outside of glove with opposite gloved hand and peel off
- hold removed glove in gloved hand and slide fingers of ungloved hand under remaining glove at wrist and remove gloves

**Mask/Eye Protection:**
- remove by strings and dispose of properly

**Gown:**
- unfasten neck and waist ties and remove gown using a peeling motion
- pull gown from shoulder toward the same hand
- gown will turn inside out
- hold gown away from body, roll into a bundle and discard into waste or linen receptacles