

A Natural Approach to Fertility & Reproductive Health

By Catholic Health Services

The Gianna Center for Women's Health and Fertility, an outreach of Catholic Health Services of Long Island (CHS), offers women a unique, alternative approach to managing their reproductive health, including a more natural, restorative approach to treating infertility that allows couples to conceive without in vitro fertilization (IVF). Nationally recognized for excellence by the American Academy of Fertility Care Professionals, CHS' Gianna Centers are located in Babylon and Manhattan, with a new location set to open in Rockville Centre this summer.

Guided by the leadership of Executive Director and Co-Founder of the National Gianna Center for Women's Health and Fertility, Anne Nolte, MD, CHS' Gianna Centers have gained national recognition for quality of care and patient outcomes. "Success rates are as good as or better than IVF, depending on the underlying cause, with the added advantage of correcting the cause of infertility," said Dr. Nolte. "We work to optimize a woman's fertility health, resulting in significantly lower rates of preterm birth and low birth weight."

The centers use the Creighton Model Fertility Care™ System to maintain gynecologic and reproductive health—an alternative to the birth



control pill. A thorough process is applied to identify ovulation and signs of fertility in order to achieve or avoid pregnancy. NaProTECHNOLOGY™ is then used to evaluate and treat the full spectrum of reproductive and gynecological disorders, including infertility, PCOS, painful periods, PMS and menopausal symptoms. The goal is to identify and correct underlying issues, rather than suppress the natural fertility cycle using hormonal contraceptives or bypassing the cycle using IVF.

The Gianna Center is uniquely qualified to care for the gynecologic and reproductive health needs of women of all ages and at all stages of life. Together with their healthcare team, women can effectively develop a plan of care that respects both their bodies and their beliefs.

To learn more, visit chsli.org/gianna-center or call (855) CHS-4500.

