

Health & Faith

Community Newsletter



Catholic
Health
Good Samaritan
Hospital

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Winter 2022

A Publication from Good Samaritan Hospital

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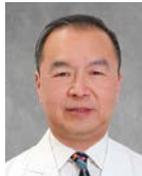
Editorial Team

Justin Jaycon
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Richard Helm
Photographer and A/V Specialist

Mission Statement

We, at Catholic Health, humbly join together to bring Christ's healing mission and the mission of mercy of the Catholic Church expressed in Catholic health care to our communities.

Announcements



Yi-Chun Lee, MD

Catholic Health Chairman of Women's Services

Catholic Health has named Yi-Chun Lee, MD, Chairman of Women's Health Services. Prior to joining Catholic Health in August 2021, Dr. Lee was Professor and Director of the Gynecologic Oncology Division and Fellowship Program, as well as the Department Director of Obstetrics and Gynecology at SUNY Downstate Health Sciences University in Brooklyn.

A board certified gynecologic oncologist, Dr. Lee specializes in diagnosing and treating malignant and pre-malignant conditions impacting female reproductive organs. Also, as an expert in robotics and minimally invasive gynecologic surgery, he will see patients at Catholic Health's Center for Gynecologic Oncology in Babylon and will be part of the team of experts at The Catholic Health Cancer Institute at Good Samaritan Hospital.



Jennifer L. McEachron, DO

Gynecologic Oncologist

The Catholic Health Cancer Institute at Good Samaritan is proud to announce that Jennifer McEachron, DO, has joined the Department of Gynecologic Oncology. Dr. McEachron completed her residency at Good Samaritan and also the Lake Erie College of Osteopathic Medicine in Greensburg, PA. Her Fellowship in Gynecologic Oncology was completed at SUNY Downstate Medical Center in Brooklyn.

Geriatric Fracture Program Achieves Recertification at the Highest Level

Good Samaritan Hospital, a member of Catholic Health, was awarded recertification of the Geriatric Fracture Care program by The International Geriatric Fracture Society (IGFS). In achieving this recognition, the program has been recertified at the highest level available, Premier Level status, through the IGFS CORE Certification Program. The program joins a small collection of trailblazing fracture care programs in the United States that have achieved recertification through this designation. The Geriatric Fracture program is a part of Good Samaritan's Level 2 Trauma Verified Trauma Program. The hospital is the only Level 2 program for both adult and pediatrics on the south shore of Long Island. This level of care exemplifies its commitment to the community, caring for residents of all ages.



Message from the President

Dear Friends,

First, on behalf of the Good Samaritan family, I would like to extend a Happy New Year to you and your loved ones. Though this year started with continued focus on the COVID-19 pandemic, the months ahead are full of promise and hope. Over the past year, we have seen great progress in the fight against COVID-19. Through the use of vaccines, new treatments and advanced therapies, we are able to help prevent the spread and reduce the number of hospitalizations related to the virus. To reach our collective goal, though, and minimize the impact of COVID-19, I encourage you to get vaccinated and receive your booster shot. Through our combined efforts, we will learn to live with this pandemic.

As we look back at 2021, we must acknowledge the hard work of our Health Care Heroes and frontline workers. These individuals have acted selflessly in the face of crisis. I applaud them for their dedication and

commitment to the communities they serve, both here at Good Samaritan and throughout Suffolk County. Some of their accomplishments are featured in this edition of *Health & Faith*.

One highlight is the tremendous achievement of Magnet® recognition, the highest honor in nursing excellence. Good Samaritan is one of only 9% of hospital's nationwide to attain this honor. Other highlights include the triumphant recovery of a first responder who beat the odds and a local resident who relied on the clinicians and compassionate care at the highly accredited The Catholic Health Cancer Institute at Good Samaritan to become cancer-free.

In addition, our team has focused on training and educating the health care leaders of tomorrow. Programs through our Department of Medical Education and collaborations with St. John the Baptist Diocesan High School are cultivating the next generation of health care heroes.

Looking forward to 2022, there are many exciting initiatives led by Good Samaritan and Catholic Health that will benefit our community. Leading the way is Good Samaritan's Patient Care Pavilion Project, which you can learn more about on page 6-7. This enhancement to Good Samaritan will shape the future of health care in our region for years to come and includes a new emergency department, operating rooms and private patient rooms.

Motivated by the evolving health care needs of you, our community and neighbors, our commitment to progress at Good Samaritan remains strong.

Sincerely,



Ruth E. Hennessey
President
Good Samaritan
Hospital

Beacon MICU Award

The American Association of Critical-Care Nurses (AACN) recently conferred a silver-level Beacon Award for Excellence on the Medical Intensive Care Unit (MICU) at Good Samaritan. This is the second Beacon Award received by the hospital, which also earned the Silver-level Beacon Award for Excellence for its Cardiothoracic Intensive Care Unit/Immediate Care Unit in July 2021. These recognitions highlight exceptional patient care, healthy work environments and improved patient outcomes.



Early Detection Proves Lifesaving for Holbrook Woman

Lisa Trotta regularly schedules an annual mammography. A native Long Islander, she is keenly aware of breast cancer's impact on residents and the importance of a yearly exam.

During the pandemic, when many were reluctant to visit their doctor for annual checkups, the Holbrook resident was undeterred and her decision may have saved her life. On September 11, 2020, her mammogram revealed a "suspicious lesion." A second test confirmed the initial findings. She had a Stage 1 carcinoma.

She began treatment at Good Samaritan Hospital. Surgeon Bradley Cohen, MD, performed a lumpectomy to remove the growth. Trotta would then start treatment that included chemotherapy at The Catholic Health Cancer Institute at Good Samaritan and radiation therapy at the hospital.

Scan the QR code to read more about Lisa's battle against breast disease



“The mass that was located deep in my breast would not have been found through self-examination. Doctors said that having a mammography was the only way it would have been identified at such an early stage.”

—Lisa Trotta, Holbrook

YoMingo®—For New Moms & Moms-to-Be

Good Samaritan offers free—anytime, anywhere—online parent education designed to give convenient access to valuable information from the comfort of home. This educational program, powered by YoMingo®, includes the tools and support needed at every stage during pregnancy. It is available in 13 languages.

Scan the QR code to sign up!



YoMingo® provides access to:

- Information on prenatal care, labor and birth, adjusting to parenthood, breastfeeding, and newborn care with videos and interactive tools
- List of available classes and support groups
- Kick counter, contraction timer, personal journal, feeding log, immunization log and other useful tools
- YoMingo® is available on any device with an internet connection and can be downloaded on a mobile app store by searching for “myYoMingo.”



Good Samaritan Hospital achieves Magnet Recognition® for nursing excellence

Leading with Courage. **Leading with Compassion.**



Good Samaritan Hospital has earned honorary recognition for upholding Catholic Health's mission to deliver quality and compassionate care with every patient interaction. The hospital has been recognized by the ANCC Magnet Recognition

Program® for excellence in nursing care. Good Samaritan Hospital is humbled and honored to serve the community as only 9% of hospitals in the nation have achieved Magnet Recognition.®



Scan this QR code to learn more on how you benefit from Good Samaritan's Magnet® recognition.



**Catholic
Health**
Good Samaritan
Hospital

Shaping the Future of Health Care—The

The parable of the Good Samaritan, the ultimate story of a neighbor helping another, has been the foundation of Good Samaritan Hospital. It speaks to the mission of caring for, and partnering with, the neighbors of West Islip as well as the entire south shore of Long Island.

To be a reliable neighbor, Good Samaritan Hospital will continue



to provide the highest level of health care, offer innovative programs, and realign to become an increasingly resilient facility when faced with powerful storms, natural disasters and other hazardous events.

Sweeping changes in health care over the past 10 years have prompted us to plan more than ten years forward to develop medical programs that can serve the needs of our community well into the future. Creating an advanced hospital, complete with breakthrough technology and state-of-the-art facilities, allows us to continue to attract highly accomplished physicians, nurses and other health professionals.

To better shape the future of health care, Good Samaritan Hospital has developed plans for a Patient Care Pavilion providing

health care solutions for our region's growing population. This option was based on data from a number of different sources, including a needs assessment that identified multiple challenges related to the current campus facility; a long-term and capacity analysis report from Kaufman Hall (a third party consultant specializing in health care) conceptualizing how a future health care facility should be sized; overall facility priorities, community needs and the current costs for construction.

The hospital's total number of beds will not increase beyond the current 437. However, the new pavilion will ensure that the hospital has the capacity to remain current with advancements in medical technology.

Pink Flags

Good Samaritan and the West Islip Breast Cancer Coalition kicked off Breast Health Awareness Month with their annual Pink Flags Celebration. The celebration was held at The Catholic Health Cancer Institute at Good Samaritan

located at 111 Beach Drive in West Islip. As part of the month-long awareness event, pink flags were placed throughout the hospital campus with tags available for purchase to honor a breast cancer survivor or in memory of a someone who

has passed from the disease. Donations are made to the West Islip Breast Cancer Coalition to support those diagnosed with breast cancer in a variety of ways, including assistance with bills, house cleaning, food, wigs, prosthesis and other free services.

Patient Care Pavilion at Good Samaritan

The Patient Care Pavilion is a six-story addition with construction beginning in 2022. It will include:

- An enhanced emergency department, allowing Good Samaritan Hospital to care for local community residents who log more than 90,000 visits a year – consistently the second highest in Suffolk County. This new department will also integrate with the hospital’s Verified Level 2 Trauma Program
- A larger surgical suite, which will include 16 state-of-the-art replacement operating rooms, a new perioperative area and sterile processing and support—required due to the continued move toward

more minimally invasive and outpatient surgical procedures

- A private medical surgical unit featuring 36 single patient rooms with the ability to renovate additional floors to increase the number of private rooms to 120

Many initial steps have been taken to assist in the development of the Patient Care Pavilion, including:

- Parking and traffic studies
- Conversations with the Town of Islip on overall needs of the community
- Feedback solicited from local residents via civic and community organizations throughout West Islip



For more information on the Patient Care Pavilion or to provide feedback, please scan the QR code below.



St. John the Baptist Student Program

Health care is a vast and varied field. From administrative roles to the coordination of surgical schedules to keep an operating room running smoothly, there are a wide array of career paths that a hospital, such as Good Samaritan, offers.

To help introduce local students to these opportunities, Volunteer Services has introduced a new “Careers in Health Care” internship program in partnership with St. John the Baptist Diocesan High School. This opportunity is offered as an elective to upperclassmen and extends over the course of two semesters. Students will receive educational credit for their participation. Completion of this course will appear on their high school transcripts.

The first session was held from September through December 2021 and included guest lectures from Good Samaritan Hospital’s clinical and non-clinical management level employees. Lectures focused on the roles of a range of positions, from Hospital Administration, Physicians, and Nursing Administrators, to Human Resources, Plant Engineering and Nutrition and Food Services. Each presenter shared tips to provide students with insights into preparing for a career in medicine. In the spring semester, students will be invited to Good Samaritan to shadow managers across various departments for 20 weeks.

For more information about this exciting new program, please contact Brittany Colasanto, Manager of Volunteer Services at Good Samaritan Hospital at brittany.colasanto@chsli.org.



“At this age in high school, it is the best time to indulge in hospital volunteer work. Doing this will give you a great understanding of how a hospital works.” —St. John the Baptist Student Brian Schaefer



“I took away from this lecture that when dealing in medicine and health care, no job is unimportant. Even the smallest details that many people may not think of can have a significant impact on patients’ lives.” —St. John the Baptist Student Catherine Kilker

‘Miracle Man’ Beats Severe COVID-19, Returns to West Babylon Fire Department to Save Others

COVID-19 left in its wake hundreds of devastating stories of illness, long-term lingering effects, and tragic loss of life. But James Campbell’s story is one of triumph. Critically ill with coronavirus in March 2020, when clinicians were still learning how to best treat the emerging disease, James miraculously beat the odds and recovered after three weeks on a ventilator.

The 58-year-old commercial property manager developed classic COVID-19 symptoms while at work in New York City: fever, aches and fatigue. After testing positive for coronavirus, he quarantined at home, trying to stay away from his wife, Kelly. After resting over the weekend, he texted a friend on Monday that his breathing seemed to be improving. But by the next day, Kelly noticed that he seemed confused and wasn’t making sense when he talked.

She called a friend, who told Kelly to get James’s medical kit—he is a



volunteer EMT and former Chief of the West Babylon Fire Department—and check his blood oxygen level and heart rate. Both numbers indicated that James was in grave danger: his pulse rate was 106 and his oxygen level was just 52 percent. His heart was working hard to compensate for the lack of oxygen flowing to his organs.

Kelly called an ambulance which brought James to Good Samaritan’s Emergency Department, where many of the staff knew him. The last thing James remembers was an ED doctor saying, “Chief, I have to intubate you. I have to sedate you.”

Scan the QR code to learn more about James’ story



Catholic Health Suffolk Screening Van

Catholic Health is strengthening its mission of service and healing to those in need with the arrival of a community health and outreach screening bus for Suffolk County. Purchase of the vehicle was made possible through a Mother Cabrini Health Foundation grant.



Catholic Health Suffolk County Marathon

Catholic Health, along with Suffolk County Executive Steve Bellone, kicked off the Seventh Annual Catholic Health Suffolk County Marathon on Sunday, October 24. Joined by veterans' groups and runners from across the country, last year's marathon was held in commemoration of the 20th anniversary of September 11, 2001, and dedicated to post-9/11 veterans, paying tribute to their tremendous sacrifices.

As the Medal of Honor Title Sponsor and the provider of race medicine, Catholic Health continues to provide support to the more than 90,000 veterans who reside in Suffolk County. With more than 11,000 runners participating each year, the Marathon has raised more than \$700,000 for local veterans' services.



Scan this QR code to register for the 2022 Catholic Health Suffolk County Marathon.



Catholic Health Hospitals Recognized for Stroke Care

“Time is brain when it comes to stroke care,” said Catholic Health Executive Vice President and Chief Medical Officer Jason Golbin, DO, MBA. “Research has shown there are benefits to patients who are treated at hospitals that have adopted the Get With the Guidelines program. Based on this long-standing honor from the American Heart Association, our hospitals are some of the best in the country for stroke care.”

As Elise Sheridan complained that her hand felt numb, her husband James looked at her face and immediately recognized the signs of a stroke. He quickly called an ambulance, and Elise was transported from their Wantagh home to St. Joseph Hospital. There she was stabilized and swiftly sent to the Stroke and Brain Aneurysm Center of Long Island at Good Samaritan Hospital.

Scan the QR code to read the full story.



A Day in the Life— The Graduate Medical Education Residency Program at Good Samaritan Hospital

Good Samaritan Hospital is a leader in undergraduate and graduate medical education and certified by the ACGME. Through our medical residency programs, we help physicians of tomorrow take the next step in their medical career and become skilled leaders in medicine and surgery.

Residents receive training directly from board-certified physicians and faculty members who are experts in their fields. These well-rounded experiences provide exposure to the most advanced technologies and a diverse patient population.

Good Samaritan is the sponsoring institution for eight accredited training programs. This includes six residency programs, one of which is in conjunction with Mercy Hospital in Rockville Centre, and two fellowships. Good Samaritan is completing additional applications to grow Graduate Medical Education as the sponsoring institution for a second Family Medicine program, Internal Medicine, General Surgery, Psychiatry, and a second Emergency Medicine program, plus fellowship training programs.

The Graduate Medical Education Program has been in existence since 1994, but roots were established in the 1970's with the development of the Pediatric Residency Program. In total, more than 500 physicians have graduated from these programs.

Scan the QR codes at right to meet some of our residents and learn the benefits of Good Samaritan's residency program.



Tegan Lukacs

<https://youtu.be/vJyGjiXxAeY>



Kyle Smith

<https://youtu.be/JShhE0bHXR4>



Save-the-Date

**Monday
October 3, 2022**

**Glen Oaks Club
Old Westbury, New York**

Guilds Give Back to Good Samaritan

Adrienne Hartill, President of the Guilds of Good Samaritan Hospital, presents a check to Ruth E. Hennessey, President of Good Samaritan and Charles Ferraro, Chair of the Good Samaritan Hospital Foundation, to support the modernization of Mother Baby. The Guilds gave a total of \$50,000 in 2021 to help create a third, dedicated Cesarean suite on the Labor and Delivery Unit at Good Samaritan.



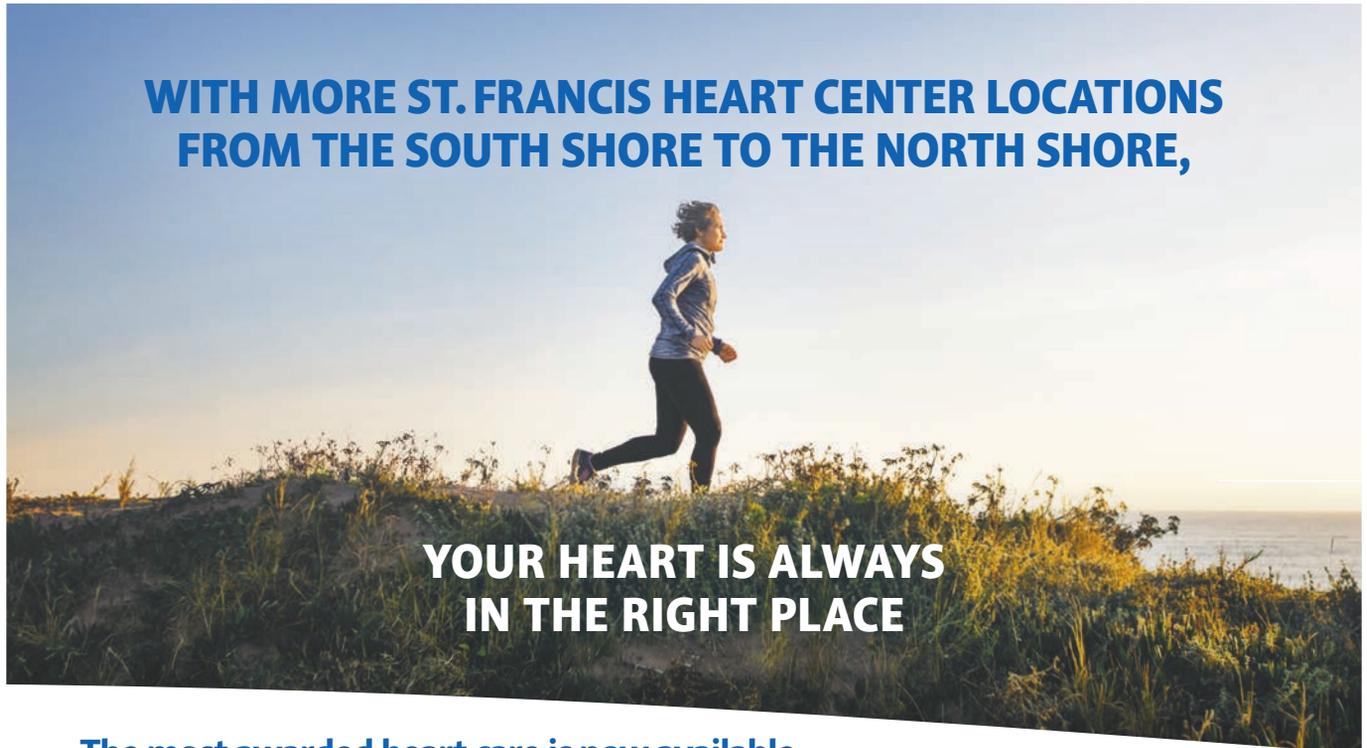


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For a location near you, visit chsli.org/heart



Catholic Health
St. Francis Heart Center

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chsli.org/good-samaritan-hospital

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