

About Maryhaven

Maryhaven is a nonprofit, Long Island based agency committed to helping persons with special needs including intellectual disabilities, mental health issues, physical disabilities, and/or substance abuse/dependence issues realize their full potential, without regard to age, race, and/or religious beliefs. The agency's purpose is to establish, maintain and operate progressive programs and services which are residential, educational, vocational and rehabilitative in nature. The ideal goal is the attainment of normalization, in all aspects of life, for each individual we support.

Mission Statement Catholic Health Services

Catholic Health Services of Long Island, as a ministry of the Catholic Church, continues Christ's healing mission, promotes excellence in care, and commits itself to those in need.

CHSLI affirms the sanctity of life, advocates for the poor and serves the common good.

It conducts its healthcare practice, business, education, and innovation with justice, integrity, and respect for the dignity of each person

As a member of Catholic Health Services, the mission of Maryhaven Center of Hope is to improve, enrich, and respect the lives of people with special needs. We promote each person's highest potential by encouraging all aspects of growth. We are committed to delivering quality services throughout the individual's life journey. Together, we will make the difference.

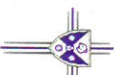
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Maryhaven Center of Hope
Catholic Health Services
At the heart of health

Day Habilitation Program

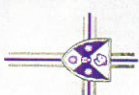
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Day Habilitation Terryville Program



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Terryville Day Habilitation Program

What Is Day Habilitation?

Day Habilitation is a Medicaid Waiver Program for adults with intellectual disabilities who would like to develop their independent living skills and be active in their communities. We offer a variety of services to meet individual needs and choices.

Areas of Focus

- **Life Skills** - Learning meal preparation and cooking, cleaning and organization, laundry, telephone skills.
- **Personal Care Skills** - Education about hygiene, grooming, appropriate clothing selection.
- **Healthcare Training** - Learning about nutrition, exercise and a healthy lifestyle.
- **Safety Skills** - Competence for emergency evacuation procedures, community integration and the learning of basic safety signs are among some of the skills taught in this area.
- **Social Skills** - Learning appropriate social skills for healthy relationships. Developing awareness of personal boundaries. Participating in social opportunities for building lasting friendships.
- **Communication Skills** - Enhance the skills needed to express wants and needs through various modes of communication. Increase confidence in advocating personal desires and needs; and to gain knowledge for appropriate coping and problem solving skills.

- **Sports & Exercise** - team building activities and developing skills for participation in both sports and exercise is the focus of this area. Activities may include but are not limited to dancing and movement, basketball, basic golf skills to name a few. Unique to the Terryville Day Hab is an indoor gym and putting green. We are proud of the Terryville Day Hab "Bull Dogs" basketball team and cheerleading squad who play against other local special needs programs.

- **Continuing Education Opportunities**

Development of academic skills: reading and writing, money management and budgeting, time telling skills, learning about current events.

- **Community Integration**

- **Community Outings:** Including but not limited to shopping, library, museums, movies, plays, restaurants, ball games, and fishing trips.
- **Volunteer Opportunities:** L.I. Veterans Home (mail assistance,) assisting at local hospitals, and service agencies, and Save-A-Pet.

- **Therapeutic Activities**

- **Music Appreciation:** Exposure to a variety of musical genres, singing, simple instruments, karaoke.
- **Art Classes:** Development of artistic and creative expression through drawing, painting, sculpting and a variety of other media.
- **Therapeutic Games:** Wii, number bingo, educational board games.

- **Clubs**

Our club concepts also encourage program participants to develop and explore hobbies and interests to further enrich their lives. At Terryville, our club choices are continually evolving, based on our individuals' areas of interests:

- Sports
 - Fashion
 - Cheerleading
- Drama
 - Crafts/Interior Design
 - Green Committee
- Life Skills
 - Work Place Skills
- Cooking
 - Music/Movement
 - Book/Reading
- Movie Review
 - Needlepoint

Clinical Services

- **Nursing** - Full-time nurse on site for medication administration and to provide care as needed
- **Behavior Support** - Behavior Specialist assists with support and develops plans for individual behavioral needs. Counseling and group therapy is provided as needed.
- **Social Work** - Social Worker facilitates the intake process and provides counseling and group therapy as mandated.
- **Other Services Available are Speech & Physical Therapy**

